

CIMR NEWSLETTER

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Editorial

"Independence is not just about physical freedom; it is about making choices and living life on your own terms". Every human person has freedom to design his/her own life. In education and rehabilitation our duty is to empower them to understand their capabilities and develop them so as to lead their life with equality and dignity. Equality is not just access; it is about valuing and respecting diversity. CIMR is committed to empower people so that they can contribute to make the world a better place to live. During this festival season of Independence Day and Onam celebrations CIMR tried to inculcate the sense of true freedom and equality through various activities. The following narration explains the various happenings in the institutions of CIMR apart from the daily chorus of activities to empower our students.



Empowerment Through Vocational Activities

As more adult persons with intellectual disabilities are coming in, CIMR is now paying more attention on training them in various vocational activities. The aim is to empower the students to become productive and earn livelihood in their own way. Programs are planned in such a way that they will become messengers of protecting the environment. Activities planned include agriculture, waste paper recycling and products from paper, tailoring etc. The process of training has already started and we hope to start a production center soon so that the students who are not able to get a job outside can work in the production center and earn something for their life.

Livelihood Training Programme at Freedom Center

Association of People with Disabilities (APD), a Bangalore based organization has started a livelihood training programme to empower people with various disabilities at our Freedom Center, Kovalam. In this programme training is given for 45 days and support is given for their placement. Inauguration of this programme was done at Freedom Center auditorium on 2nd August 2025 by Thiruvananthapuram District Collector Smt. Anukumari IAS in the presence of officials from APD and CIMR. 15 students with various disabilities are admitted in the first batch.



Annual General Body Meeting

The Annual General Body Meeting of AKAMR was conducted on 28 August 2025. The members discussed in detail about the various activities of the Association and evaluated its progress and planned for the future.

Independence Day Celebrated

15th August was fittingly celebrated at DCMR and Asha Kendram. The children were sensitized about the importance of the day through various programmes and they were trained to respect the nation and the leaders. At CIMR the staff and Students and teacher trainees participated in world record programme of singing for the nation in which 1000 people together participated in Patriotic singing event. This was done after several days of intense practice and the programme was widely appreciated.

The Ashkendram Special School celebrated Independence Day with immense patriotic fervor and enthusiasm. The celebratory programme was officially inaugurated by the esteemed Ward Councilor, Smt. Padmaja Menon, who graced the occasion as the Chief Guest.

The day began with the ceremonial unfurling of the National Flag by Smt. Padmaja Menon, followed by the singing of the National Anthem. The Councilor then addressed the gathering, delivering an inspiring speech that highlighted the significance of the day and the importance of inclusive education for the students



Parents Meting

Parents meeting of all students at DCMR was conducted on 21 August in two batches. During the meeting the parents explained the changes they noticed in the development of the children. They also shared their expectations about their children. The teachers clarified the doubts of the parents. Fr. Thomas and Sr. Elise interacted with the parents and explained to them the activities in the school and the importance of collaboration work for the rehabilitation of the children.

Similarly parents' meeting was conducted at Asha Kendram on 19 August. Creative discussions were held regarding the daily running of the school and the activities in the school.



Onam Celebration

Onam was celebrated with various cultural activities at DCMR and Asha Kendram. At Asha Kendram Onam was celebrated on 26 August with beautiful cultural programmes and ceremonial lunch. The cooperation and participation of JCI, Ernakulum is appreciated.

At DCMR Onam was celebrated on 27 August with various cultural programmes of the students and teacher trainees. Thiruvananthapuram Corporation Deputy Mayor Shri P. K. Raju was the chief guest of the programme.



School Visit

Third year students of Rukomony College of nursing visited DCMR on 11 September. They went through the various activities of the School and understood the beginning and growth of the organization. They were very much impressed by the way the students are trained here and were happy to see the progress of the children.

Similarly, a group of 9th class students of Good Shepherd School visited DCMR on 7 August and interacted with the children.



CRE Programme

CIMR organized a three days CRE-Continuous Rehabilitation Education Programme on 28, 29, 30 August at CIMR. About 180 special teachers from all over Kerala participated in this training programme. The theme of the programme was the importance of counseling in disability rehabilitation



Glimpses of various activities given to empower the children at DCMR.



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